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|--|--|--------------|---|--|--|
| Country Name   | <b>Project for Capacity Development on Mental Health Services for Reconstruction Support of</b>  |              |   |  |  |
| People's Republic of China   | <b>Sichuan Earthquake</b>  |              |   |  |  |
| <b>I. Project Outline</b>  |  |              |   |  |  |
| Background   | <p>In the disaster-affected area hit by the Sichuan Earthquake on May 12, 2008, reconstruction works were steadily being implemented with focus on infrastructure development. Programs on mental health and psychosocial support for those affected were also started right after the Earthquake by various governmental agencies and other organizations in and out of China. However, it was said that the average incidence rate of post-traumatic stress disorder (PTSD) in the quake-affected area was estimated as more than 10% (at the time of ex-ante evaluation) and cases of secondary damage including suicide were continuously reported. This indicated that there had still been urgent needs of the mental health and psychological support. What still remained as challenges were: how to cope with the lack of mental health care workers, how to ensure the quality of care program, how to secure the sustainability of care provision system, and what to do with the lack of comprehensive coordination and management. It was confirmed that these challenges were aggravated over the time. It was also pointed out that the self-care of mental health care workers should be given full consideration as it was often the case that they themselves were the disaster victims.</p>   |              |   |  |  |
| Objectives of the Project  | <p>In the disaster-affected area hit by the Sichuan Earthquake (Sichuan Province, Gansu Province, and Shaanxi Province), the project aims to establish the appropriate and sustainable community-based psychosocial support system<sup>(1)</sup> through human resource development of mental health care workers in multi-sectoral areas (education, psychology, social work and medicine) as well as strengthening of collaboration and cooperation among sectors with focus on affected people, thereby having the concept of established support system well accepted in those project areas.</p> <p>(1) Psychosocial support system: All kinds of service provision to maintain and promote the psychosocial health as well as to prevent and treat mental disorder. Under this project, it includes the organizational implementation and management system, appropriate intervention by respective professional category, appropriate referral system and policy support.</p>   |              |   |  |  |
|  | <ol style="list-style-type: none"> <li>Overall Goal: Concept on sustainable psychosocial support system, which appropriately reflects local culture, social character and other aspects, is well accepted in the Project areas.</li> <li>Project Purpose: Sustainable psychosocial support system, which appropriately reflects local culture, social character and other aspects, is established at model sites.</li> </ol>   |              |   |  |  |
| Activities of the Project  | <ol style="list-style-type: none"> <li>Project Site: Sichuan Province, Gansu Province, and Shaanxi Province<br/>Model site: Five (5) sites (Jiange County, Guangyuan City, Sichuan Province; Chongzhou City, Chengdu City, Sichuan Province; An County, Mianyang City, Sichuan Province; Chencang District, Baoji City, Shaanxi Province; Qinzhou District, Tianshui City, Gansu Province)</li> <li>Main Activities: (1) Establishment of operation and management mechanism for psychosocial support at model sites, (2) Development of human resources engaged in psychosocial support through trainings of trainers, (3) Enhancement of awareness and understanding toward psychosocial support among governmental agencies and local people.</li> <li>Inputs (to carry out above activities) <table border="0" style="width: 100%;"> <tr> <td style="width: 50%; vertical-align: top;"> <b>Japanese Side</b><br/> <ol style="list-style-type: none"> <li>Experts: 19 persons; (Long-term) 3 persons, (Short-term) 16 persons</li> <li>Trainees received: 177 persons</li> <li>Equipment: Vehicles for monitoring; office equipment such as personal computers and printers; furniture such as desks, chairs and bookshelves for office and library; reference books, etc.</li> <li>Local expenses</li> </ol> </td> <td style="width: 50%; vertical-align: top;"> <b>Chinese Side</b><br/> <ol style="list-style-type: none"> <li>Staff allocated: (Coordination team members) 56 persons</li> <li>Chinese Experts: 10 persons</li> <li>Facilities and equipment: Office space, psychology room and its facilities, books, existing care facilities (schools, psychology stations, governmental offices, medical facilities, etc.)</li> <li>Local expenses:</li> </ol> </td> </tr> </table> </li> </ol> |              |   | <b>Japanese Side</b><br><ol style="list-style-type: none"> <li>Experts: 19 persons; (Long-term) 3 persons, (Short-term) 16 persons</li> <li>Trainees received: 177 persons</li> <li>Equipment: Vehicles for monitoring; office equipment such as personal computers and printers; furniture such as desks, chairs and bookshelves for office and library; reference books, etc.</li> <li>Local expenses</li> </ol> | <b>Chinese Side</b><br><ol style="list-style-type: none"> <li>Staff allocated: (Coordination team members) 56 persons</li> <li>Chinese Experts: 10 persons</li> <li>Facilities and equipment: Office space, psychology room and its facilities, books, existing care facilities (schools, psychology stations, governmental offices, medical facilities, etc.)</li> <li>Local expenses:</li> </ol> |
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| Project Period   | June 2009 – May 2014   | Project Cost | (ex-ante) 330 million yen, (actual) 380 million yen |  |  |
| Implementing Agency  | Main implementing agency: All-China Women's Federation (ACWF); Ministry of Health; Ministry of Education; Institute of Psychology, Chinese Academy of Sciences   |              |   |  |  |
| Cooperation Agency in Japan  | Hyogo Institute of Traumatic Stress; Energy and Rescue Team by school staff of Hyogo (EARTH); Hyogo University of Teacher Education; Research Institute of Nursing Care for People and Community, University of Hyogo; Association of Japanese Clinical Psychology; Japanese Society of Certified Clinical Psychologists; Japanese Society for Traumatic Stress Studies, etc.  |              |   |  |  |

**II. Result of the Evaluation**

< Special Perspectives Considered in the Ex-Post Evaluation >

(Assessment of continuous status of psychosocial support system)

• The psychosocial support system aimed by the project consists of four aspects; 1. Organizational implementation and management system, 2. Appropriate intervention by respective professional category, 3. Appropriate referral system, and 4. Policy support. In assessment of continuation status of these aspects, the achievements of 1, 2 and 3 were examined through the continuation status of the Project Purpose at the time of ex-post evaluation and that of 4 was examined through the achievement status of the indicator 1 of the Overall Goal at the time of ex-post evaluation.

(Evaluation of achievement status of the Overall Goal)

• To assess the achievement of the Overall Goal “Concept on sustainable psychosocial support system, which appropriately reflects local culture, social character and other aspects, is well accepted in the Project areas”, two indicators are set, namely, “Psychosocial support is mentioned in related policy documents (indicator 1)”, and “Psychosocial support not limited to post-disaster support is continuously implemented (indicator 2)”. In addition to these indicators, the achievement status of the Overall Goal in the target areas other than the model sites of the project was examined as supplementary information.

## 1 Relevance

<Consistency with the Development Policy of China at the Time of Ex-Ante Evaluation and Project Completion>

At the time of ex-ante evaluation, the project was consistent with “The Comprehensive Plan for Rehabilitation and Recovery after Sichuan Earthquake (2008-2015)” by the State Council, which states that in severely affected areas of Sichuan, Gansu and Shaanxi Provinces hit by the Earthquake, 15 agendas for restoration and reconstruction including the mental health care services should be promoted. At the time of project completion, this “planning” was still effective.

<Consistency with the Development Needs of China at the Time of Ex-Ante Evaluation and Project Completion >

As described in “Background” above, the project was consistent with the development needs for mental health and psychosocial support at the time of ex-ante evaluation. At the time of project completion, human resource development of high-quality mental health care workers was still important. The project was consistent with the needs of ACWF and those, involved in medicine, education, and communities, who were responsible for promoting mental health care activities.

<Consistency with Japan’s ODA Policy at the Time of Ex-Ante Evaluation>

The project was placed under the special issue “Assistance for reconstruction after the Sichuan Earthquake”. The Japanese government had a series of meetings including policy discussion of governmental missions in late June as well as the Japan-China summit meeting held on July 9 in 2008 and made a decision to implement assistance in each aspect of five pillars (1. Health and welfare, 2. Society and culture, 3. Industry and employment, 4. Disaster prevention, 5. Community development). The assistance for mental health was targeted under the above pillars 1 (health and welfare) and 4 (disaster prevention).

<Evaluation Result>

In light of the above, the relevance of the project is high.

## 2 Effectiveness/Impact

<Status of Achievement of the Project Purpose at the time of Project Completion>

The Project Purpose, “Sustainable psychosocial support system, which appropriately reflects local culture, social character and other aspects, is established at model sites” was achieved by the time of project completion. Three types of tools to introduce and manage psychosocial support system were completed and shared with those at the model sites and related organizations (indicator 1). The expansion of activities such as training of second core human resources by core human resources<sup>1</sup> (through cascade system) and establishment of human resource network (as a function of platform for psychosocial support system) was confirmed by monitoring reports of all model sites (indicator 2). In addition, the experiences and lessons learned at the model sites were shared with other cities and countries in project target sites through training in China and Japan as well as the web-site of Women’s Federations at all levels (indicator 3).

<Continuation Status of Project Effects at the time of Ex-post Evaluation>

The project effects have continued since the project completion. Questionnaire survey and interview conducted in the ex-post evaluation confirmed that the management tools developed and the support system established by the project as well as core human resources well trained through project activities have been continuously utilized. This means that the psychosocial support has been properly provided in response to the local needs. Women’s Federations at each model site have been actively providing psychosocial support to enhance mental health care services especially for children and women, in responses to the changing local needs. Though no specific operational guidance (in terms of project management with special consideration to PDCA cycle) has been provided at the model sites, the review of ongoing activities with appropriate advices have been made by ACWF and Provincial Women’s Federation in an occasional manner. ACWF has been distributing three management tools developed by the project throughout the country with an aim to expand the mental health care system to the areas other than the model sites. It was confirmed that both of trained core human resources and second core human resources have increased in number and that they have been actively involved in mental health care services in various locations. These findings imply that the psychosocial support system, especially in terms of (1) Organizational management and implementation system, (2) appropriate intervention by respective professional category, and (3) appropriate referral system, has been continuously functioning in response to the changing local needs. In terms of (4) policy support, the project effects have also been reflected on related policies as described later, though the level of adaptation of mental health care system to the current administrative structure varies among provinces. Shaanxi Province is promoting the mental health care services incorporated into the routine health care activities, while Gansu Province is making effort to establish a series of activities of mental health care for women and children. In Sichuan Province, they have responded to the social needs in terms of service contents and the coverages, such that they promote the mental health care services incorporated into the routine health care activities by shifting the focus from disaster victims to those with special difficulties or many of women and children<sup>2</sup>.

<Status of Achievement for Overall Goal at the time of Ex-post Evaluation>

The Overall Goal, “Concept on sustainable psychosocial support system, which appropriately reflects local culture, social character and other aspects, is well accepted in the Project areas” was achieved. In the related policy papers prepared by the Chinese Communist Party, Sichuan Province, Gansu Province and Shaanxi Province, the terms of psychosocial support system were referred (indicator 1). For example, in order to promote and strengthen mental health care programs, following policies were developed. Firstly, in collaboration among departments of the Ministry of Education and those of the National Health Commission (the former Ministry of Health), “Five-Year Plan for Promotion and Guidance on Education in the House (2016 – 2020)” was developed. In this policy, mental health is placed as a

<sup>1</sup> Core human resources are those who have engaged in supportive activities in the disaster-affected areas. They are teachers, healthcare workers, social service organizations and experts in the field of psychological counselling, etc. Second core human resources are those who have been trained by core human resources and have also engaged in supportive activities in the disaster-affected areas.

<sup>2</sup> “Those with special difficulties or many of women and children” means the group of people who are socially vulnerable without regular income, such as aged people with no supporters, those under age without parents, those with severe disabilities, etc.

priority issue in the family home education. Secondly, “Five-Year Plan of Promotion and Guidance on Education in the House (2016 – 2020)” was promulgated by each of 31 provinces (cities and counties).

As described before, it was confirmed that psychosocial support has been continuously provided in response to the local needs, not limited to post-disaster support (indicator 2). It was also confirmed that in response to their local needs, not limited to post-disaster support, the psychosocial support activities have been carried out in non-model sites of the project areas as well as non-project area, such that upon request by Yunnan Province, Guangxi Zhuang Autonomous Region, Gansu Province, Ningxia Hui Autonomous Region, and Inner Mongolia Autonomous Region, the core human resources in Shaanxi Province have provided training for teachers, parents, and mid-level volunteers, by utilizing the management tools from 2015 up to the time of ex-post evaluation.

<Other Impacts at the time of Ex-post Evaluation>

With the initiative of Chinese and Japanese experts and core human resources involved in the project, the International Academic Conference on Psychological Support after Disaster in Asia was established and 10 conference meetings were organized during the period between 2010 and 2018 in major cities in both of China and Japan. It was commented by those concerned that through the conference meetings, technical exchange and knowledge promotion have been advanced and individual mutual understandings between China and Japan have been promoted.

<Evaluation Result>

Therefore, the effectiveness/impact of the project is high.

Achievement of Project Purpose and Overall Goal

| Aim  | Indicators   | Results  |   |  |  |                                       |  |   |  |   |  |         |    |    |     |     |         |    |     |     |     |       |    |    |    |    |       |    |     |     |       |
|--|--|--|---|--|--|---------------------------------------|--|---|--|---|--|---------|----|----|-----|-----|---------|----|-----|-----|-----|-------|----|----|----|----|-------|----|-----|-----|-------|
| Project Purpose: Sustainable psychosocial support system, which appropriately reflects local culture, social character and other aspects, is established at model sites. | <p>Indicator 1:<br/>Tools to introduce and manage psychosocial support system is developed<sup>(1)</sup>.</p> <p><i>(1) Tools to introduce and manage psychosocial support system. Based on the concept and methodology clarified through the project, completed materials such as management guideline, various training materials, tools, curriculum, and instruction manuals are compiled as one package with CD-ROM in user-friendly manner.</i></p> | <p>Achievement States: Achieved (continued)<br/>(Project Completion)</p> <ul style="list-style-type: none"> <li>• Three management tools were developed in March 2014. They are: “A way for professional mental health care worker - Handbook for development of core human resources for post-disaster mental health”, “A way for family reconstruction - Handbook on post-disaster mental health care at home”, and “A way for growth of child - Instruction manual on post-disaster mental health care for children”. Those tools were distributed to the model sites and related agencies.</li> </ul> <p>(Ex-post Evaluation)</p> <ul style="list-style-type: none"> <li>• At respective model sites, Women’s Federations distributed three management tools mentioned above to related organizations of mental health care, including schools and hospitals, while utilizing them as materials for training courses. In addition, in response to the emerging needs of mental health care services (mental health guidance in general, such as interpersonal communication, personality counseling and adolescence counseling as well as issues of children raised without parents and care for the aged), for the purpose of improving mental health of local people, especially children and women, Women’s Federations are actively implementing activities of psychosocial support which include the development of new materials, establishment of voluntary organizations, and hosting counseling and training courses targeted for students, parents, and educators.</li> <li>• ACWF distributed those management tools nation-wide to develop core human resources, to improve education services on mental health for families and children and to expand mental health care programs. They also incorporated mental health education into the national level family education plan and put the priority on the mental health education for children and parents. Furthermore, they are implementing a series of seminars on mental health care all over the country.</li> </ul> |   |  |  |                                       |  |   |  |   |  |         |    |    |     |     |         |    |     |     |     |       |    |    |    |    |       |    |     |     |       |
|  | <p>Indicator 2:<br/>Expansion of activities is confirmed by monitoring report tables prepared by all model sites<sup>(2)</sup>.</p> <p><i>(2) Tools to objectively monitor the progress of activities of psychosocial support in respective area. With the tools, operation and management system and criteria of mental health care activities are clarified.</i></p>   | <p>Status of Achievement: Mostly achieved (continued)<br/>(Project Completion)</p> <ul style="list-style-type: none"> <li>• The core human resources implemented training, guidance and various awareness-raising events at all model sites. Second core human resources were developed in all model sites in cascade method of human development.</li> <li>• Human resources network was established by a core group who were heavily involved in the project activities. They exchanged the information via mailing list and held meetings when needed. The list of second core human resources was developed, which enabled to quickly bring necessary human resources together for immediate action at the time of disaster. Human resources network was established at all model sites and it served as the principal platform for psychosocial support system. The framework of monitoring and feedback, which might require further improvement, was being gradually established as an implementation mechanism.</li> </ul> <p>(Ex-post Evaluation)</p> <ul style="list-style-type: none"> <li>• Development of core human resources and second core human resources has continued after the project completion and the number of those human resources increased as shown below. They have been effectively utilized for mental health care services in respective areas. It was confirmed that further development of activities has been carried out at all (5) model sites.</li> </ul> <p>It was confirmed that psychosocial support has been continuously provided in response to the local needs, not limited to post-disaster support.</p>   |   |  |  |                                       |  |   |  |   |  |         |    |    |     |     |         |    |     |     |     |       |    |    |    |    |       |    |     |     |       |
|  |  | <p style="text-align: center;">Number of core human resources and second core human resources</p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th rowspan="2">Province</th> <th colspan="2">Number of core human resources</th> <th colspan="2">Number of second core human resources</th> </tr> <tr> <th>At the time of Terminal evaluation 2014</th> <th>At the time of Ex-post evaluation 2018</th> <th>At the time of Terminal evaluation 2014</th> <th>At the time of Ex-post evaluation 2018</th> </tr> </thead> <tbody> <tr> <td>Sichuan</td> <td style="text-align: center;">46</td> <td style="text-align: center;">88</td> <td style="text-align: center;">223</td> <td style="text-align: center;">818</td> </tr> <tr> <td>Shaanxi</td> <td style="text-align: center;">14</td> <td style="text-align: center;">110</td> <td style="text-align: center;">119</td> <td style="text-align: center;">229</td> </tr> <tr> <td>Gansu</td> <td style="text-align: center;">14</td> <td style="text-align: center;">34</td> <td style="text-align: center;">10</td> <td style="text-align: center;">25</td> </tr> <tr> <td style="text-align: center;">Total</td> <td style="text-align: center;">74</td> <td style="text-align: center;">232</td> <td style="text-align: center;">352</td> <td style="text-align: center;">1,072</td> </tr> </tbody> </table> <p>Source: Women’s Federation at each province and model site</p>   | Province                                | Number of core human resources         |  | Number of second core human resources |  | At the time of Terminal evaluation 2014 | At the time of Ex-post evaluation 2018 | At the time of Terminal evaluation 2014 | At the time of Ex-post evaluation 2018 | Sichuan | 46 | 88 | 223 | 818 | Shaanxi | 14 | 110 | 119 | 229 | Gansu | 14 | 34 | 10 | 25 | Total | 74 | 232 | 352 | 1,072 |
| Province   | Number of core human resources   |  |   | Number of second core human resources  |  |                                       |  |   |  |   |  |         |    |    |     |     |         |    |     |     |     |       |    |    |    |    |       |    |     |     |       |
|  | At the time of Terminal evaluation 2014  | At the time of Ex-post evaluation 2018   | At the time of Terminal evaluation 2014 | At the time of Ex-post evaluation 2018 |  |                                       |  |   |  |   |  |         |    |    |     |     |         |    |     |     |     |       |    |    |    |    |       |    |     |     |       |
| Sichuan  | 46   | 88   | 223                                     | 818                                    |  |                                       |  |   |  |   |  |         |    |    |     |     |         |    |     |     |     |       |    |    |    |    |       |    |     |     |       |
| Shaanxi  | 14   | 110  | 119                                     | 229                                    |  |                                       |  |   |  |   |  |         |    |    |     |     |         |    |     |     |     |       |    |    |    |    |       |    |     |     |       |
| Gansu  | 14   | 34   | 10                                      | 25                                     |  |                                       |  |   |  |   |  |         |    |    |     |     |         |    |     |     |     |       |    |    |    |    |       |    |     |     |       |
| Total  | 74   | 232  | 352                                     | 1,072                                  |  |                                       |  |   |  |   |  |         |    |    |     |     |         |    |     |     |     |       |    |    |    |    |       |    |     |     |       |

| Status of progress and continuation/expansion at each model site       |  |   |
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| Model site   | Status of progress of activities   | Status of continuation/expansion of activities (Indicator 2 of Overall Goal)  |
| Jiange County, Guangyan City, Sichuan Province                         | 92 mental health development guidance centers for minors were established at schools and 65 counseling rooms established at hospitals, respectively. A total of 5,400 people received counseling.  | <ul style="list-style-type: none"> <li>• Seminars and lectures on mental health care: at national parents' meetings, at poor villages and at the trainings for village leaders, etc.</li> <li>• Utilization of management tools: for promotion activities on mental health care by volunteers at schools and hospitals (480 activities for a total of 45,000 people), for promotion of activities on mental health care and field consultation in townships and villages (distribution of promotion material: 20,000 copies, handbook: 45,000 copies, field consultation: a total of 450 people).</li> <li>• Provision of venues for psychological consultation: establishment of 20 venues for claims against domestic violence and 8 model rooms for arbitration of marital conflict.</li> <li>• Provision of psychological consultation services via internet, periodical broadcast of programs on psychological lecture.</li> </ul> |
| Chongzhou City, Chengdu City, Sichuan Province                         | Social organization related to the mental health care was established by core human resources and consultation and support services on mental health were being implemented by the mental health care team.  | <ul style="list-style-type: none"> <li>• Activities on mental health care for elementary and middle school students and their family, psychological guidance before examinations, etc.</li> <li>• By utilizing the budget on special account, City Women's Federation implemented priority support for social organizations that provide psychological consultation and support services for women and children (provided a total of more than 100 activities in three years after project completion, attended by for more than 26,000 of women, children and adolescents).</li> </ul>   |
| An County (currently Anzhou District), Mianyang City, Sichuan Province | A total of 108 second core human resources were developed for education and health fields as well as for women's federation. Psychological guidance base was established at each primary and secondary school and kindergarten, while psychological consultation room was established at district-level hospital. With these facilities mental health care activities were being progressed. | <ul style="list-style-type: none"> <li>• Held exhibitions of mental health education at school and excellent classes, Seminars on mental health in communities, activities on mental health in remote rural areas (36 times, for more than 6,500 people), care for children with special needs at children's home.</li> <li>• Utilization of management tools (at the meetings to enhance the project effects, at various events to promote continuous implementation of psychological support and training activities).</li> <li>• Provision of psychological consultation services through internet, periodical broadcasting of programs on psychological lecture.</li> <li>• Held more than 40 large scale events on mental health care in 4 years after project completion, targeted for 5,285 children and 22,481 adults.</li> </ul>   |
| Chencang District, Baoji City, Shaanxi Province                        | Trainings for core human resources were periodically held for their skill development. Core human resources team is being expanded.  | <ul style="list-style-type: none"> <li>• Provision of daily psychological consultation and guidance services at district psychological consultation room and family education and guidance center.</li> <li>• Utilization of management tools (distributed at various promotion activities and training courses)</li> <li>• Improvement of psychological consultation room (Psychological consultation services tailored for targets)</li> <li>• Advice via psychological consultation hotline</li> <li>• Focused dissemination activities (on holidays, consultation services for mental health knowledge promotion by core human resources and volunteers, lectures, etc.)</li> <li>• In 3 years since the project completion, 26 focused dissemination activities, 21 free public psychological lectures, psychological consultation for 136 people</li> </ul>   |
| Qinzhou District, Tianshui City, Gansu Province                        | School mental health care model class was established. District Women's Federation, in collaboration with  | <ul style="list-style-type: none"> <li>• Implementation of seminar, lecture, and professional training on mental health (occasionally 9 times, attended by about 500 participants)</li> <li>• Charity events on mental health education for migrating children with migrant workers (training for teachers and for parents of migrating children)</li> </ul>  |

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|  |  |  | Cultural Communication Limited Company, established a working base of mental health care for women and children in Qinzhou District, Tianshui City, implementing training and dissemination activities. | <ul style="list-style-type: none"> <li>• Recruitment of student volunteers for mental health care</li> <li>• Capacity development of trainers focused on mental health psychology</li> <li>• Specialized lectures on mental health care held on memorial day (more than 100 lectures in 3 years since project completion, on topics such as women’s mental health and advocacy for women’s rights, etc.</li> </ul> |
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| Indicator 3:<br>The experiences and lessons learned at model sites are shared in other target cities and counties.   | Status of achievement: Achieved (continued)<br>(Project Completion)  |   |
|  | <ul style="list-style-type: none"> <li>• The experiences of respective model sites were shared and utilized through training both in China and Japan as well as on the website of Women’s Federation at central, provincial, and city/district levels. Especially, to the website of ACWF, many internet lectures were uploaded, which served to complement the training program. This means that an effective use of internet was incorporated into psychosocial support system.</li> </ul> |   |
|  | (Ex-post Evaluation)<br><ul style="list-style-type: none"> <li>• Through interview with ACWF, it was confirmed that some of the most effective technical transfer by the project were knowledge sharing on mental health, method to disseminate the knowledge, practice of psychological consultation services and routine practice of disaster prevention education.</li> </ul>   |   |
|  | Model site*  | Results shared with other cities/counties   |
|  | Jiange County, Guangyan City, Sichuan Province   | Through WeChat and QQ group <sup>(1)</sup> , knowledge on mental health was promoted and advertised to areas in and out of the model site.  |
|  | An County (currently Anzhou District), Mianyang City, Sichuan Province   | Core human resources and second core human resources went to areas including Jiangyou and Youxian and held seminars. Two staff members of “Family Garden” <sup>(2)</sup> gave instructions to Family Gardens in and out of the Province to implement mental health care activities. |
| Note: Only 2 model sites out of 5 provided information on this indicator.<br>(1) QQ group: Online service that provides the group chat function.<br>(2) Family Garden: “Family Garden Project”, which aims at building a happy home. Target population is children raised without parents at home. |  |   |

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| Overall Goal:<br>Concept on sustainable psychosocial support system, which appropriately reflects local culture, social character and other aspects, is well accepted in the Project areas. | Indicator 1: Phrases regarding psychosocial support system are inserted in related policy papers.                               | (Ex-post Evaluation) Achieved<br><ul style="list-style-type: none"> <li>• The Report of “the 19<sup>th</sup> the National Congress of the Communist Party of China” describes the goal and direction of mental health activities, stating that the psychosocial service system should be established and strengthened and social psychological status should be nurtured to realize the social improvement based on high self-respect and calm intellect”.</li> <li>• “Outline on Child Growth in Sichuan Province (2016-2020)” and “Five-Year Plan for Promotion and Guidance on Education in the House in Sichuan Province (2016-2020)” describe, as the second priority task of the Plan; establishment of public service network for child mental health, establishment of department (for outpatients) on child mental health under the Organization for Women’s and Children’s Health, as well as an assignment of medical specialist, establishment of psychological consultation room and assignment of teachers specialized in mental health education at school, etc.</li> <li>• “Program on Child Growth in Chongzhou City, Chengdu City (2016-2020)” describes the establishment of public service network for child mental health, establishment of psychological consultation room and assignment of teachers specialized in mental health education at school, training for staff specialized in mental health to provide psychological guidance and care for children with PTSD and child sufferers from serious natural disaster such as earthquake, etc.</li> <li>• “Five-Year Plan for Promotion and Guidance of Education in the House in Gansu Province (2016-2020)” describes the assignment of social workers and counselors dedicated to local area, continuous and specialized family support services targeted for children in especially difficult situation, provision of psychological consultation services and necessary referral service, etc.</li> </ul> |
|   | Indicator 2: Psychosocial support is continuously implemented in response to local needs, not limited to post-disaster support. | (Ex-post Evaluation) Achieved<br><ul style="list-style-type: none"> <li>• Through the questionnaire survey for Women’s Federation of respective model sites, it was confirmed that psychosocial supports in response to local needs, not limited to post-disaster support had been continuously provided at all model sites. For the details, refer to “indicator 2 of the Project Purpose”.</li> </ul>   |

Source: Terminal Evaluation Report, Project Completion Report, Questionnaire and interview with ACWF and Women’s Federations of the model sites, Questionnaire and interview with related agencies including the Ministry of Health

### 3 Efficiency

While the project period was as planned, the project cost exceeded the plan (ratio against the plan: 100% and 115%, respectively). The Outputs of the project were produced as planned. Therefore, the efficiency of the project is fair.

### 4 Sustainability

#### <Policy Aspect>

In addition to the related policies described above, policies concerning mental health care were promulgated in education and health sectors as well. In the education sector, there are “Guideline on Development of Facility for Psychological Guidance at Primary and Secondary Schools (2015)” and “Working Guideline for Moral Education at Primary and Secondary schools (2017)”. In the health sector, there is “Guiding Opinion for Strengthening Mental Health Services (2017)”, which is considered as the first Chinese governmental guideline on a macro-scale developed and proclaimed jointly by 22 ministries and agencies in order to strengthen mental health care programs. The guideline is of great significance in terms of human resource development in mental health care as well as its program implementation. Therefore, it can be said that policy sustainability is secured.

<Institutional Aspect>

At central level, the Ministry of Health, the Ministry of Education, and the Institute of Psychology, Chinese Academy of Sciences are responsible agencies in terms of mental health care. The role of each agency is clearly defined. The Ministry of Health (National Health Commission since 2018) is in charge of early detection of children with psychological and behavioral development disorder and provision of trainings on child psychology. The Ministry of Education is responsible for development of mental health education system, its conceptualization in education, provisions of support for parents, and so on. The Institute of Psychology, Chinese Academy of Sciences, is responsible for the technical and knowledge aspect of mental health care, such as policy promotion, development of tools for trauma evaluation, development of intervention tools, establishment of network and promotion of related references. All of those agencies have worked in collaboration and cooperation with ACWF. Some of experts in those agencies are assigned to ACWF to provide guidance and support for program implementation. Current staff number at each organization was not available, but no major problem has been reported in terms of operation and management. Therefore, it is considered that institutional sustainability is secured.

<Technical Aspect>

A majority of counterpart personnel of the project have continuously been working for the organizations at their respective model sites at the time of ex-post evaluation. There is an established system at each model site to provide staff with trainings on a regular or ad-hoc basis. As described before, guidelines and manuals on mental health care are effectively utilized. As for the technical level of staff engaged in duties of psychosocial support system not limited to post-disaster support, it was ensured by the study that a certain technical level can be sustained considering such findings that a certain level of staff number has been maintained, many of counterpart personnel of the project have continuously been working for the organizations and there is a system to train staff at many organizations. On the other hand, according to the questionnaire, half of those surveyed commented that the current technical level is not sufficient and the future prospect is not certain. Taking into the account of the fact that diversified activities are carried out in order to respond to their local needs respectively, it is difficult to judge the current technical level and its future prospect on sufficient grounds.

<Financial Aspect>

Women’s Federations do not have the budget specifically labelled with mental health care, but carry out activities based on the funds obtained as part of home education program from their respective local governments on the basis of planning. In addition, Women’s Federations often receive donations from private sector through the social charity program. The amount of funds and its source are not stable, therefore, there are some uncertainties in future prospect of financial aspect. It should be well noted that the mental health care programs have undergone changes in service contents and will do in the future as well, and it is difficult to assess the financial aspects based on the budgetary amount over the time.

<Evaluation Result>

Some uncertainties are identified in maintaining the technical levels and future prospect to secure the budget. Therefore, the sustainability of the project effects is fair.

5 Summary of the Evaluation

At the model sites of target areas (Sichuan Province, Gansu Province, and Shaanxi Province, which were hit by the Sichuan Earthquake), the Project Purpose of establishing the sustainable psychosocial support system, which appropriately reflects local culture, social character and other aspects, was achieved. The effects of the project have continued at the time of the ex-post evaluation, and the Overall Goal to promote the well-acceptance of the concept of the support system has been achieved. Regarding the sustainability, there are some uncertainties in technical and financial aspects but no problem in policy and institutional aspects. As for efficiency, project cost exceeded the plan.

Considering all of the above points, this project is evaluated to be satisfactory.

**III. Recommendations & Lessons Learned**

Recommendations for Implementing Agency:

- None specified.

Lessons Learned for JICA:

• ACWF in Beijing assumed the responsibility of the implementing agency and the project activities were carried out respectively by Women’s Federations (such as Provincial Women’s Federation, City Women’s Federation, District Women’s Federation, etc.) and related organizations at model sites. After the project completion, ACWF was expected to facilitate activities and to monitor their progresses as well. However, it faced some difficulties to fulfill the role as expected due to that ACWF does not have the power to make a decision on management of activities for Women’s Federation at model sites, it was not easy for them to grasp the status of all the wide-ranged activities on mental health care and that the physical distance to reach to the model site made it difficult for ACWF to visit. In prior to the project completion, it is necessary to encourage them to formulate the plan of operation by carefully assessing, from the perspective of the implementing agency, the expected future role of the organization and issues to cope with as well as the countermeasures, so that the implementing agency can play the expected role after project completion.



Shaanxi Province: Project to support three kinds of family members (the elderly, women, and children) in migrant workers' families in rural area



"Lecture on psychological support regarding parent-child relation" provided by the Mental Health Care Center for Women and Children in Tianshui City